

A Danger of EVP Recording :
Clairaudience Attack : 5-21-2021

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I met another person the other day who has a similar condition to my own and how it all started for them is very similar to how it all started for me as well. Like me, they were experimenting with EVP recording. Like me, they developed clairaudience and this is the kind of clairaudience that generally you don't want. I often refer to it as "hijacked clairaudience". This isn't the kind of clairaudience that's any kind of spiritual gift. This is more of the kind of clairaudience where spirits or entities of unknown origin are constantly talking at you ceaselessly and often in a tormenting way. They do this essentially as a form of torture.

I met this person online after they had seen something that I had written a little while back about my own experiences. They left a comment and I replied. Their situation began a year ago. So, this is the second case that I've come across within the past six months that has happened within the span of a year. Before this, I hadn't come across any new cases or met anyone else who started hearing voices after doing EVP recording, or using a Spirit Box, or other forms of spirit communication in quite a while.

Since this all began for me back in 2015, I have met many others. Several of these other cases began around the same time as my own. I was starting to wonder if there was some kind of wave of attacks taking place. Then I wasn't finding any other cases for a while. If my own situation was a part of some broader wave of psychic attacks, then I was hoping that it had passed....that it had subsided. When I stopped finding new cases, I took that as a good sign and I was hopeful about this. Yet, unfortunately it appears that I was wrong. This kind of psychic attack is still happening. People who are engaging in EVP recording and other forms of spirit communication are still being attacked by these intruding and menacing voices. Finding this new account just the other day reaffirms for me that this is a very real danger associated with these kinds of activities. I have been more than convinced of that for some time now.

Back in the early days, back during the first year of this situation (2015), these voices that I was hearing would often try and make it seem like what I was experiencing was something centered around myself, that I was such a horrible person, that I deserved this kind of punishment and that it wasn't something that happens to people all that often. They tried to make me feel like I had been singled out. However, towards the end of 2015 and then into 2016, I began finding more and more similar accounts. Before long it became obvious that what had happened to me was not so unique after all, but that it was happening to other people out there.

I had been experimenting with EVP recording for just two months during the winter of 2015, and by the end of the second month, some of the EVP voices that I was hearing on my recordings and that I was communicating with came out of the recordings....literally. This is something that at the time I had not expected.... to say the least. I was researching EVP recording and reading a lot about it during that winter, and I did come across mention of people

developing clairaudience from being involved with this kind of activity. However, I didn't come across anything that described what I was soon to experience. If anything, when I saw the term clairaudience, it was often made out to be some kind of gift, a positive thing. Well, I'm not saying that it's not in some cases, maybe even in most cases, but what I do know is that it's not a positive thing all of the time. Sometimes clairaudience can be hijacked and turned against you. It's not always something that you can control and turn off like you turn on and off a light switch. It would be so much easier to deal with if it were, but I'm afraid that it's not in cases like my own.

I've come along way since 2015 in regards to learning how to deal with these intruding voices. But I still haven't gained the ability to turn them off, to stop hearing them whenever I want. I have learned to hold my focus on other things much stronger and to become indifferent to whatever I might hear from these intruding voices. These things helped me to push them into the background and caused them to have less of an impact on my life. Yet, I simply haven't found that magic light switch as of yet.

So, this is the second new case that I have found within the past six months that occurred within the span of a year. I just wanted to reiterate that this is a very real danger associated with doing things like becoming involved with EVP recording, using a Spirit Box, using a Ouija Board, and other forms of spirit communication. I've seen similar accounts where people began hearing voices after being engaged in all of these kinds of activities. As I mentioned, for those two months that I was recording, I was doing a lot of research and reading a lot of material about this topic, but I never saw mention of this specific danger, at least not in a way that was plainly worded where there could be no misunderstanding about it. I suppose that's what I'm trying to do here, I want to talk about the danger and I want to be blunt about it so that anyone can see what I mean here. These kinds of activities can be a gateway that will allow entities to intrude into your life and one way that they seem to prefer to intrude into a person's life is by bombarding them constantly with voices, a ceaseless barrage of voices. Voices can be coming at you night and day...it doesn't matter, it's a constant barrage. The voices don't get tired, they don't need to take a break or need any downtime, they'll just keep talking and talking and talking at you. I'm deliberately saying "talking at you" here, because that's what it isthey are talking at you more than they are talking to you I feel. They're not really concerned with communicating with you so much, that's not their primary motivation, they're using the voices as a form of torment, they're essentially laying siege to your mind... battering your mind, wearing you down with incessant talking.

This is something very important, and this is something that I didn't really envision back in 2015 when I was recording. I wasn't even thinking about the potential dangers at the time, because initially my recording experience seemed very benevolent, it didn't seem like I needed to worry about the dangers. This sounds naïve, and you'd be right with that assessment, I was naïve. I'm sure that back then, I had at least heard of the term spirit attachment or entity attachment, or demonic oppression and such. Yet, I don't think I could really envision what it looked like back then beyond something that I would've seen in a horror movie. I could not envision some of the differences between myself and these attaching entities. A big difference here being I am in a physical form, I am a living breathing human being with a physical body

that has certain needs. For starters, I need to eat and I need to sleep. Both of these things were drastically disrupted in the early days of my attachment situation. The intruding voices would not back off at night at all, and it was here that I was most vulnerable to them. I would be lying there in bed, basically a sitting duck.....a stationary target. Not only was I hearing these menacing voices, but I was also feeling very disturbing physical sensations as well. So, needless to say, getting a decent night of sleep quickly became a problem and my normal sleep routine was completely derailed.

In the beginning, I was so riddled with anxiety that I could hardly eat as well. I went a stretch of a couple of weeks where I was only getting a few hours of sleep a night and I was hardly eating anything. At the end of those two weeks, I began having these extremely powerful and disturbing visions. I know that lack of sleep can cause this, and I suspect that that's what these attaching entities were aiming for, but I also feel that these visions seemed also to be orchestrated by these entities in some way. What I saw when I was having these visions, and what I was hearing, was not random. It was like I was now closer to these entities, being in this state of paranormal psychosis I guess you could say. I wasn't prepared for any of this back in 2015, but I especially wasn't prepared for how ceaselessly the intrusions and the harassment would be. These attaching entities are different than us. As far as I could observe, they didn't need to rest, they didn't need any downtime. If they did, they hid it well and others just took their place. It was a ceaseless barrage.... continuous and merciless.

I am glad to say that as of today, here in May 2021, I'm down to hearing just one voice now on a regular basis. I believe that there's just one entity attachment that remains. Other voices seem to show up every once in a while, but they never stick around like they once did. Only this one voice remains, a female voice that I've been hearing since the early days. This female voice I first heard on my EVP recordings back in February of 2015, and her voice sounds exactly the same as it did then. On the one hand, I'm glad that I'm hearing just one voice now instead of being tormented by multitudes of voices. Yet, it's still a problem in my life. This remaining voice still seems completely indifferent about being intrusive, about violating the very essence of my being. Not only can I hear this entity's voice, but it also listens to my thoughts. This being replies to my thoughts all the time and sometimes I even hear this voice more in the form of thoughts than as an external voice.

There are different aspects to my situation...thought intrusion.... thought insertion....hearing external voices.... hearing inner voices...physical sensations... dream attacks... visual incidents. Sometimes, I'll go through a phase where one of these things is more prevalent than the others, but they all seem to swing back around at some point. So, this week when I saw this other account, I was reminded that this is still a very real danger and I wish that more people knew about it. I wish I knew about it back before I started recording in 2015. I can't go back in time, so I can't say what would've happened if I had read descriptions of this kind of entity attachment situation. I would hope that it would have given me a reason to think that messing around with this kind of thing wasn't such a good idea after all. I'll just never know and the fact is I didn't know about this back then. I didn't know what clairaudience was like when it wasn't the positive kind. I don't mean to repeat myself, but in a way I do I guess you can say. I'm sure that there are

many dangers associated with trying to reach out and communicate with the unknown, and I also know that this danger of hearing voices is one of them. So, I'll keep on talking about it in the hopes that maybe someday it'll make a difference for somebody who is where I was at back during the winter of 2015.